



## 2017 Rhythmic Gymnastics Provincial Championship

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## Rhythm Fest Invitational 2017

June 10-11, 2017 at Markham Pan Am Centre

Saturday June 10, 2017

### Rhythm Fest Day 1

7:30am	Gym opens
8:25am	Judges Meeting
8:40am-9:00am	Timed Warm-up Rhythm Fest LV1 Grp, 1B, 2A,2B, 3A (1 Grp x 2 min; 1B / 2A, 2B / 3A /3A = 4 IND groups x 4min)
<b>9:00am-10:50am</b>	<b>Rotation 1: Rhythm Fest Part 1: LV1 Grp, 1B, 2A,2B, 3A</b>
10:50am-11:10am	Awards Rhythm Fest LV1 Grp, 1B, 2A,2B, 3A

### Provincial Championship Day 1

10:45am-11:05am	Break & Timed Warm-up: LV 2A, 2B, 4A (5 groups of 5 IND x 4 min)
<b>11:10am-12:50pm</b>	<b>Rotations 2: LV 2A, 2B, 4A</b>
12:50pm-1:30pm	Lunch & Awards LV 2A, 2B, 4A
12:50pm-1:25pm	Timed Warm-up: LV 3 & 4 Grp, 2C, 3B, 3C (7 Grps x 3 min; 2C/ 3B/ 3C = 3 IND groups x 4 min)
<b>1:30pm-3:40pm</b>	<b>Rotation 3: LV 3 &amp; 4 Grp, 2C, 3B, 3C</b>
3:40pm-3:55pm	Break & Timed Warm-up: LV 3A, 3D, 4D (3 groups of 7-8 IND x 4 min)
<b>3:55pm-5:55pm</b>	<b>Rotation 4: LV 3A, 3D, 4D</b>
5:55pm-6:40pm	Dinner & Awards LV 3 & 4 Grp; 2C, 3B, 3C, 3A, 3D, 4D
6:20pm-6:40pm	Timed Warm-up: LV 4B, 4C (4 groups of 5 IND x 4 min)
<b>6:40pm-8:40pm</b>	<b>Rotation 5: LV 4B, 4C</b>
8:40pm-9:00pm	Awards LV 4B, 4C



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Sunday June 11, 2017

#### Provincial Championship Day 2

7:30am	Gym opens
8:15am	AGG Judges Meeting
8:15am-9:00am	Timed Warm-up: AGG (11 AGG Grps x 4 min)
<b>9:00am-9:50am</b>	<b>Rotation 6: AGG</b>
9:25am	RG Judges Meeting
9:50am-10:00am	Awards AGG
9:50am-10:10am	Break & Timed Warm-up: LV 5 & 6 Grp, 5A, 5B (5 Grps x 2.5 min; 2 groups of 7 IND x 3 min)
<b>10:10am-11:55am</b>	<b>Rotation 7: LV 5 &amp; 6 Grp, 5A, 5B</b>
11:55am-12:10pm	Break & Timed Warm-up: LV 5C, 6A, 6B, 6C (3 groups of 5 IND x 4 min)
<b>12:10pm-1:40pm</b>	<b>Rotation 8: LV 5C, 6A, 6B, 6C</b>
1:40pm-2:25pm	Lunch & Awards LV 5 & 6 Grp, 5A, 5B, 5C, 6A, 6B, 6C

#### Rhythm Fest Day 2

2:10pm-2:25pm	Timed Warm-up: Rhythm Fest LV 3B, 4A, 4B, 4C, 5A, 5B (3B & 4A/ 4B & 4C/ 5A & 5B = 3 groups of 6-8 IND x 4min)
<b>2:25pm-4:30pm</b>	<b>Rotation 9: Rhythm Fest Part 2: LV 3B, 4A, 4B, 4C, 5A, 5B</b>
4:30pm	Awards Rhythm Fest LV 3B, 4A, 4B, 4C, 5A, 5B