



# OLYMPIUM RHYTHMIC GYMNASTICS CLUB

590 RATHBURN ROAD, ETOBICOKE, ONTARIO M9C 3T3

PHONE: (416) 620 4400 E-MAIL: [olympium.rgc@gmail.com](mailto:olympium.rgc@gmail.com)

## 26<sup>th</sup> ORGC ANNUAL INVITATIONAL January 27<sup>th</sup> – 29<sup>th</sup>, 2017

### COMPETITION SCHEDULE

FRIDAY, JANUARY 27<sup>th</sup>, 2017

**2:30 pm** Gym opens

3:00 – 3:45 Judges Meeting and Dinner (Olympic Lounge, 2nd floor)

3:00 – 3:15 Coaches Meeting (Practice Gym, main floor)

3:30 - 3:50 Timed Warm-up on competition carpet for levels: 1B, 2A, 2B, 2C

**4:00 - 6:00** **Rotation # 1 - Provincial Individual Competition for levels: 1B, 2A, 2B, 2C**

6:00 - 6:10 Warm-up on competition carpet for levels: 3B, 3C, 3D

**6:10 - 7:50** **Rotation # 2 - Provincial Individual Competition for levels: 3B, 3C, 3D,**

**7:50** ***All-around Awards Ceremony for Provincial Individuals Levels:  
1B, 2A, 2B, 2C, 3B, 3C, 3D***



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## 26<sup>th</sup> ORGC ANNUAL INVITATIONAL January 27<sup>th</sup> – 29<sup>th</sup>, 2017

### COMPETITION SCHEDULE

SATURDAY, JANUARY 28<sup>th</sup>, 2017

- 7:30 am**      **Gym opens**
- 8:15 – 8:45      Judges Meeting and Breakfast (Olympic Lounge, 2nd floor)
- 8:00 – 8:15      Coaches Meeting (Practice Gym, main floor)
- 8:30 – 8:50      Warm-up on competition carpet for level 3A
- 9:00 – 10:30**      **Rotation # 3 Provincial Individual Competition ~ level 3A**
- 10:30 – 10:40      Warm-up on competition carpet for levels: 4A, 4B
- 10:40 – 12:25**      **Rotation # 4 Provincial Individual Competition - levels: 4A, 4B**
- 12:25 – 12:35      Warm-up on competition carpet for levels: 4A, 4B
- 12:35 - 1:55**      **Rotation # 5 Provincial Individual Competition - levels: 4C, 4D**
- 1:55 - 2:55**           **~ Lunch ~**
- Warm-up on competition carpet for National Novice: Free, Hoop
- Opening Ceremony***
- All-around Award Ceremony for levels: 3A, 4A, 4B, 4C, 4D***
- 2:55 - 3:55**      **Rotation # 6 National Individual Competition for Novice: Free, Hoop**
- 3:55 - 4:05      Warm-up on competition carpet for Juniors: Hoop, Ball
- 4:05 - 6:05**      **Rotation # 7 National Individual Competition for Juniors: Hoop, Ball**
- 6:05 - 6:15      Warm-up on competition carpet for Seniors: Hoop, Ball
- 6:15 - 7:00**      **Rotation # 8 National Individual Competition for Seniors: Hoop, Ball**



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### COMPETITION SCHEDULE

SUNDAY, JANUARY 29<sup>th</sup>, 2017

**6:30 am** Gym Opens

7:15 – 7:45 Judges Meeting and Breakfast (Olympic Lounge, 2nd floor)

7:00 – 7:15 Coaches Meeting (Practice Gym, main floor)

7:30 – 7:50 Warm-up on competition carpet for Provincial Levels: 5A, 5B, 5C

**8:00 – 10:00** Rotation # 9 Provincial Individual Competition – Levels: 5A, 5B, 5C

10:00 - 10:10 Warm-up on competition carpet for Provincial Levels: 6A, 6B, 6C

**10:10 - 11:10** Rotation # 10 Provincial Individual Competition – Levels: 6A, 6B, 6C

11:10 - 11:25 Warm-up on competition carpet for Provincial and National Groups

**11:25 - 12:10** Rotation # 11 Competition for Provincial and National Groups

**12:10 – 1:10** ~ Lunch ~

Warm-up on competition carpet for National Individual Novice: Ball, Clubs

***All-around Award Ceremony for Provincial levels: 5A, 5B, 5C, 6A, 6B, 6C,  
Provincial and National Groups***

**1:10 – 2:10** Rotation # 12 National Individual Competition – Novice: Ball, Clubs

2:10 - 2:20 Warm-up on competition carpet for National Individual Junior: Clubs, Ribbon

**2:20 - 4:20** Rotation # 13 National Individual Competition – Junior: Clubs, Ribbon

4:20 - 4:30 Warm-up on competition carpet for National Individual Senior: Clubs, Ribbon

**4:30 - 5:15** Rotation # 14 National Individual Competition – Senior: Clubs, Ribbon

**5:15 pm** *All-around Award Ceremony for National Novice, Junior and Senior*

*~ 2017 Miss Elegance Award ~*

*GALA and Closing Ceremony*