

Competitive Program schedule 2016-2017



2016-2017 season starts September 6

This schedule is subject to change. Please contact the office for updates.

Highlighted classes in each row have to be taken together. Dance classes are listed at the bottom. Select one dance class per week that is not conflicting with gymnastics schedule and according to their daughter's level.

New members have to contact the office prior to selecting the schedule to make sure there is spot in the class/s of their choice.

Registration starts June 1st and is open to Aspiralst gymnasts only until June 15. Starting June 16 remaining spots are open for new members.

Programs	Monday	Tuesday	Wed	Thursday	Friday	Saturday
Elite Kids <b>born 2011</b> 3hrs/wk gym& 1hr/wk dance Total 4hrs/wk	5:00-6:30 B Alena				5:00-6:30 B Alena	
		4:30-6:00 C Alena	7:00-8:30 A Lilia		7:00-8:30 A Lilia	12:30-2:00 C Alena
Interclub 1 6-8yrs 4 hrs/wk gymnastics & & 1.hr/wk dance Total 5hrs/wk	4:30-6:45 B Tanya		4:45-6:45 A Varia	4:15-6:00 B Tanya	5:00-7:00 A Varia	
	7:00-9:00 C Dasha			7:00-9:00 C Dasha		
Interclub 2 6- 9 yrs 5hrs/wk gymnastics & 1hr./week dance Total 6hrs/wk			6:45--8:45 C Varia			10:30-1:30 C Varia
				5:00-7:00 A Dasha		12:00-3:00 A Dasha
	6:30-9:00 B Alena	4:30-6:45D Vika			6:30-9:00 B Alena	1:45-3:30 D Vika
Interclub 3 8yrs & up 6 hrs/wk gymnastics & 1,5 dance Total 7,5hrs/wk		6:45-9:00 C Vika				10:00-1:45 C Vika
		6:00-9:00 D Tanya		6:00-9:00 D Tanya		
	5:00-8:00 A 6:00-9:00 A Vika	6:00-9:00 B Alena	5:00-7:00 C Lilia	5:00-8:00 A 6:00-9:00 A Vika	6:00-9:00 C Lilia	9:30-12:30 B Alena
<b>Competitive</b>			5:00-9:00		5:00-9:00	1:00-5:00
<b>Competitive Lidiya</b>	5:00-9:00 Lidiya	5:00-9:00 Lidiya	5:00-9:00 Lidiya	5:00-9:00 Lidiya	5:00-9:00 JCC gym Lidiya	8:00-12:00 <u>At JCC gym</u> 1:00-5:00 Bradwick Gym
<b>AGG</b> <b>Aesthetic Group Gymnastics</b>  			5:00-7:00 7-8yrs			2:00-5:00 Alena
			7:00-9:00 A AGG 9-11yrsB			
<b>Dance</b>	5:30-6:30 Interclub 1/2 6:30-7:30 Elite Kids 7:00-9:00 Competitive	4:30-5:30 Elite Kids 5:30-6:30 Interclub 2/3 6:30-7:30 Interclub 1 7:30-9:00 Competitive	Teria Interclub 3 & Jumpions 5:00-6:30 DanceFusion 6:30-8:00 DanceFusion	5:00-6:00 Interclub 3 6:00--7:00 Interclub 1 7:00-8:00 Elite Kids 8:00-9:00 Competitive	At Lubovic JCC 5:00-6:00 Interclub 2 6:00-7:00 Interclub 2/3 7:00-9:00 Competitive	9:15-10:15 Interclub 2 10:15-11:15 Interclub3 11:15-12:15 Elite Kids 2:45-4:15DF
			<b>Cheer leading 8-9</b>			